

A.S.K. CONSULTANTS TRAINING & COACHING



Vision

Our Vision is to promote the individual along with organisation growth by offering various soft skills, attitudinal and leadership programs.

About us

H. N. Sridhara is an experienced trainer and trained more than 75,000+ people He has 22 years of experience in wide range of industries like HAL, Magnasoft, Unique Consultants, Coffee Day (Fresh n'Ground) and Ceasefire Industries.

He had 16 years in-house Corporate training in various industrial segments like Engineering, Manufacturing, Pharma, Retail and Information Technologies.

He uses a unique methodology to conduct such training programmes like Team activities, Role Plays, Case Studies, and questionnaire's which are motivating and interactive.

Sridhara holds Bachelor Degree in Engineering and MBA in Marketing. He has passion in behavioural science and pursued training and development as his career



Sridhara

- Certified Learning & Development Specialist from Middle Earth
- Certified Psychometric Testing Professional from Middle Earth
- Certified from Dale Carnegie Institute Trainer
- Certified NLP Trainer from Breakthrough Academy.
- Certified Yoga Trainer from "a1000 Yoga Centre"
- Attended Work Shop on "Coaching for Managers" from CLI India
- Attended 7 Habits of Highly Effective People Training Programme.

Services offered

- Training Need Analysis, Competency Mapping.
- Soft skill training and Sales Training.
- Intervention in Organisation Development for Human resource empowerment.
- Develop In- house trainers (Internal Trainers) by 'Train the Trainer' programme.
- Personal Coaching/Mentoring/ Counseling.
- Psychometric testing to Understand Individual Self Image, Traits and Motives.
- Tailor made programme to give results to organisation.



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Training Modules

Employee Development Programmes

01	Postive Mental Attitude
02	Self Motivation & Enthusiasm at work place
03	Creativity at work place
04	Team Builing & Team Work
05	Communication skills at work place
06	7 Habits at work place
07	Joy of working
08	Role of Employee - Today
09	Concept of Change
10	Work Culture and Work Ethics
11	Life styles & Stress Management
12	Work Life Balance



Technical Modules

- * 5- S House Keeping
- * Productivity
- * Waste Elimination (3W Movement)
- * Safety and Health
- * Quality Awareness
- * Kaizen
- * Quality Circles
- * Problem Solving Skills
- * TPM
- * TQM

Supervisory / Office Staff / Manager Development Programmes

SI NO	Module Title	SI NO	Module Title
01	Leadership Skills	08	Conduct Effective Meeting
02	Effective Communication	09	Stress Management
03	Interpersonal Skills	10	Emotional Intelligence
04	Time Management	11	Managerial Skills
05	Team Building & Team work	12	Situation Based Leadership
06	Presentation Skills	13	Action Centered Leadership
07	Personal Effectiveness	14	Principle Centered Leadership

Sales Modules

Sales Modules

- 01 Effective Selling Skills
- 02 Negotiation Skills
- 03 Role of Salesman
- 04 Qualities of Salesman
- 05 Objection Handling
- 06 Selling to Win
- 07 Public Speaking Skills
- 08 Habits for Selling
- 09 Customer Satisfaction and customer care
- 10 Product training and Sales demonstration

Methodologies

- Visual Presentation
- Interactive Discussion
- Role Plays
- Teamwork Activity
- Video Session Review
- Questionnaire Assessment
- Case Studies
- Brain Storming Session
- Out Door Activities



Some of Our Clients list

			
			
			
			
			
			
			
			
			
			
			



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